










Planning Calendar		May 2021				PORTLAND	
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
						1 Music & Meditation Coloring Movie Stretching MAY DAY	
Serving Spring/Summer Menu 4							
2 Current Events Craft Singing Together Bingo Stretching Serving Spring/Summer Menu 1	3 Current Events TV Game Shows Exercise Read Aloud 3:30pm Music Therapy with Mary 	4 Current Events TV Game Shows Story Time Puzzles Baking Natl Bird Day	5 CINCO de MAYO  Read Aloud TV Game Shows Stretching Wand Toss Puzzle Time	6 Current Events Movie Manicures Ball Toss Natl Nurses Day	7 Read Aloud Movie Stretching Word Games Make a cute snack	8 Current Events Ball Toss Coloring Black Jack	
9 Current Events MOTHER'S DAY  Exercise Games Serving Spring/Summer Menu 2	10 Current Events TV Game Shows Exercise Read Aloud	11 Current Events TV Game Shows Word Games Story Time	12 Bingo TV Game Shows Stretching Wand Toss Craft	13 Current Events Manicures Movie Ball Toss Natl Fruit Cocktail Day	14 Read Aloud Word Games Stretching Sing-a-long Movie Reminisce	15 Music & Meditation Coloring Movie  Stretching Natl Chocolate Chip Day	
16 Current Events Exercise Singing Together Bingo Serving Spring/Summer Menu 3	17 Current Events TV Game Shows Baking Exercise Read Aloud	18 Current Events TV Game Shows Word Games Story Time 2pm Music with Mark 	19 Puzzle Time Read Aloud TV Game Shows Stretching Wand Toss	20 Current Events Movie Manicures Ball Toss	21 Read Aloud Stretching Craft Word Games Movie  Natl Pizza Party Day	22 Current Events Ball Toss Coloring Black Jack	
23 Current Events Exercise Games Craft Serving Spring/Summer Menu 4	24 Current Events TV Game Shows Exercise Read Aloud	25 Current Events TV Game Shows Word Games Story Time	26 Bingo TV Game Shows Stretching Wand Toss Craft	27 Current Events Manicures Movie Ball Toss	28 Natl Hamburger Day Word Games Stretching Sing-a-long Movie Reminisce	29 Music & Meditation Coloring Movie Stretching	
30 Current Events Sit Outside Water a Flower Day Exercise Bingo Serving Spring/Summer Menu 1	31 MEMORIAL DAY Current Events TV Game Shows Exercise Read Aloud				